

# Ends Policy 3

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ASD-S DISTRICT EDUCATION  
COUNCIL

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# Ends Policy 3

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**Engage system's leaders in improving mental health and resiliency for both learners and staff through proactive strategies such as Positive Education and Social & Emotional Learning (SEL).**

**Goal 3.1:** Improve mental health and resilience for both learners and staff through proactive strategies

# Ends Policy 3: PBIS & Restorative Practices

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**Strategy 3.1.1:** Support adoption of PBIS in identified schools.

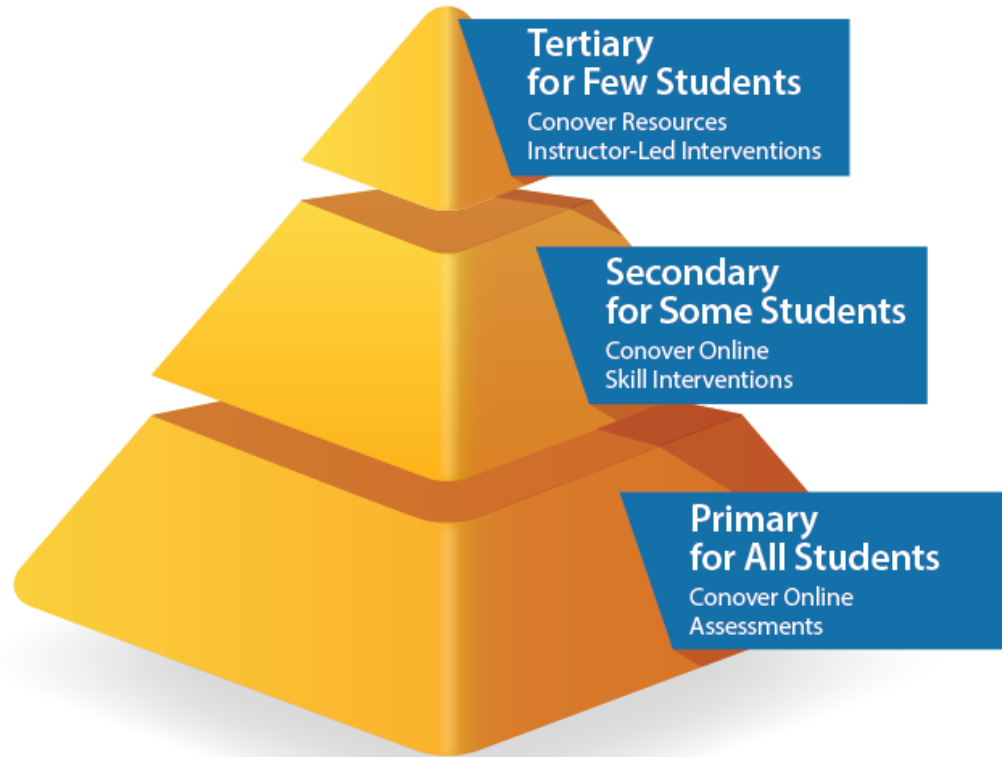
**Strategy 3.1.2:** Support adoption of Restorative Practices in identified schools

**STATUS: In Progress & Ongoing**

# PBIS

Positive Behavior Interventions and Supports

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# Examples of PBIS/Restorative Practices School Initiatives

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School	Initiative
Beaconsfield Middle School	Release time for PBIS team to plan “Hi Five” Celebration
Fairvale Elementary School	Release time for PBIS planning team to review data and set their next targets
St Stephen Elementary School	Staff book study: <i>Fostering Resilient Learners and Relationships, Responsibility, and Regulation</i>
Barnhill Memorial School	Staff book study on restorative practices
Apohaqui Elementary School	Release time for PBIS team to visit a PBIS school

# Examples of PBIS/Restorative Practices School Initiatives

 Blacks Harbour School  
**Positive Office Referral**

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Referring Staff: \_\_\_\_\_

Reason for referral:

- safe
- respectful
- ready to learn

Note: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**BHS SEALS ALWAYS USE MANNERS, SHOW KINDNESS, AND TRY THEIR BEST!**



# Ends Policy 3: Positive Education and Social & Emotional Learning

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**Strategy 3.1.3:** Provide direct support to coordinators and coaches to increase integration of Social Emotional learning into curricular outcomes

**Strategy 3.1.4:** Provide direct support to teachers to implement Positive Education and Social Emotional Learning into their classroom practices, specifically at the middle school level

**STATUS: Ongoing**





# Ends Policy 3: Positive Education and Social & Emotional Learning

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- Positive Education & SEL Lead Teacher
- Professional Learning in Positive Education & SEL for beginning teachers,
- Professional Learning in Positive Education and SEL Curriculum Coaches

# Ends Policy 3: Positive Workplace Framework

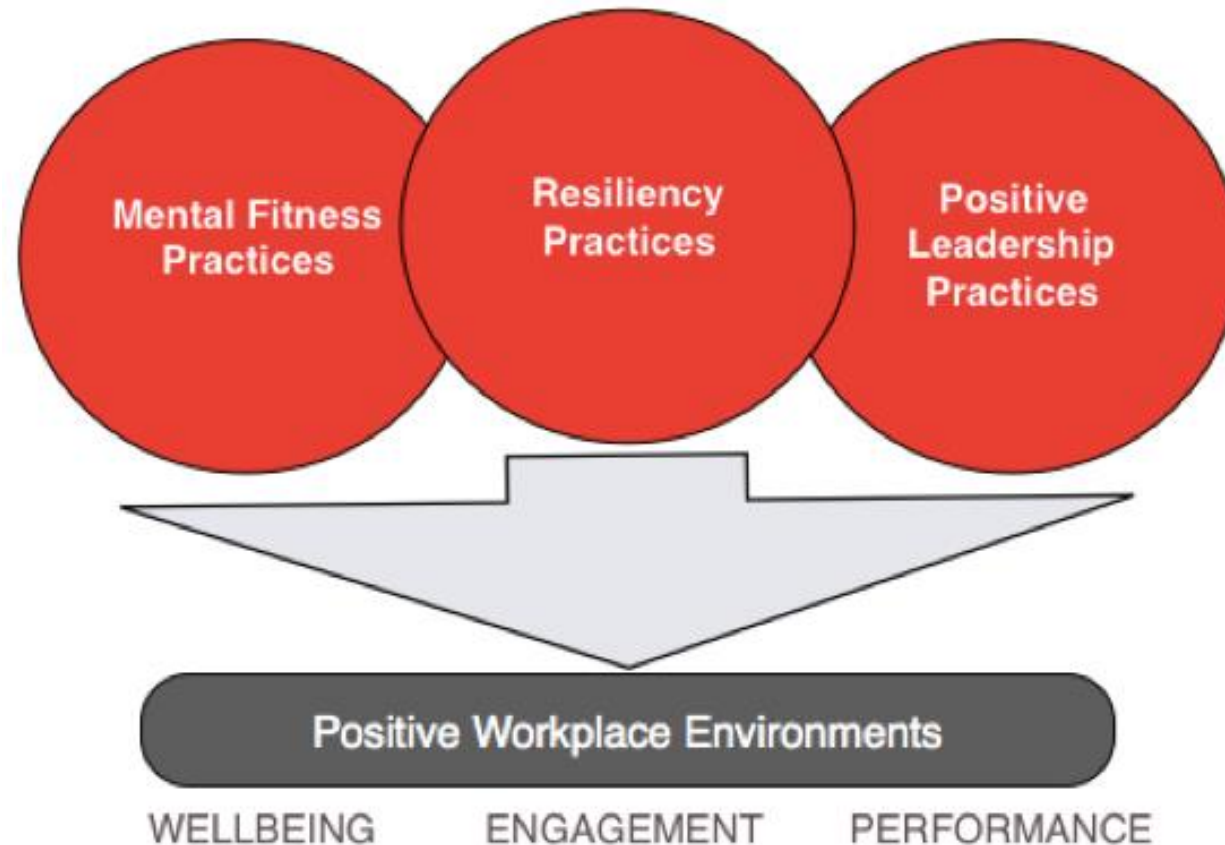
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**Strategy 3.1.5:** Continue to implement the Positive Mental Health Framework with school and district leaders using the Mental Fitness Resiliency Inventory.

**STATUS: In Progress & Ongoing**

# Ends Policy 3: Positive Workplace Framework

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# Ends Policy 3: School Mental Health Leadership

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**Strategy 3.1.6: Provide opportunities for school leaders to share their strategies and resources with each other**

**STATUS: In Progress & Ongoing**

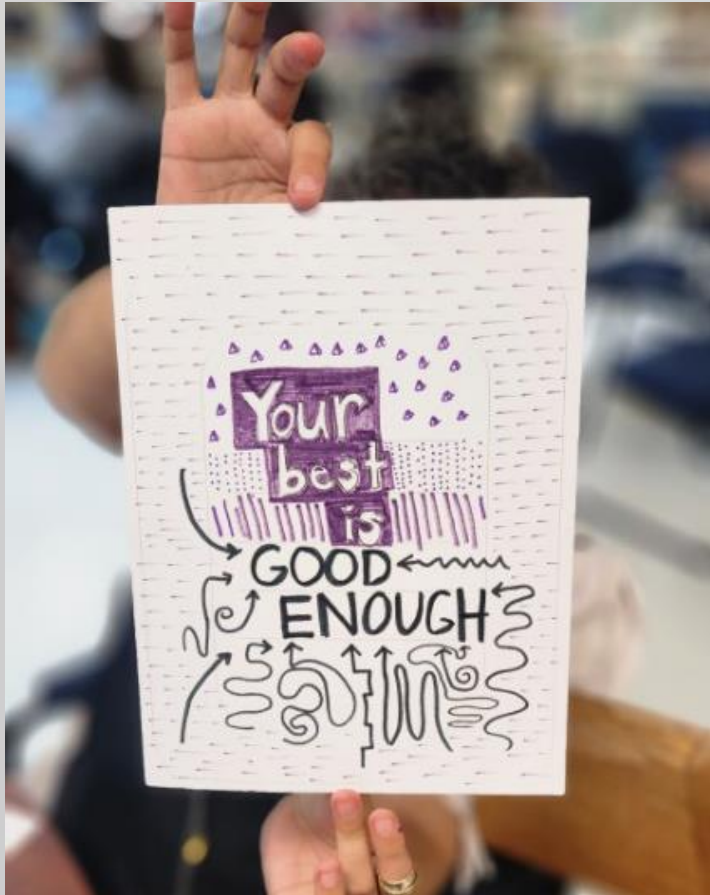
# Ends Policy 3: Additional Initiatives

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- Mental Health Youth Forum & School-Based Initiatives
- Trauma-Informed training for high school ESSTs, Priority School ESSTs, and all school counsellors in the ARC Framework.
- Youth Check-In Survey (Pulse Survey)

# Ends Policy 3: Mental Health Youth Forum

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# Ends Policy 3: Mental Health Youth Forum

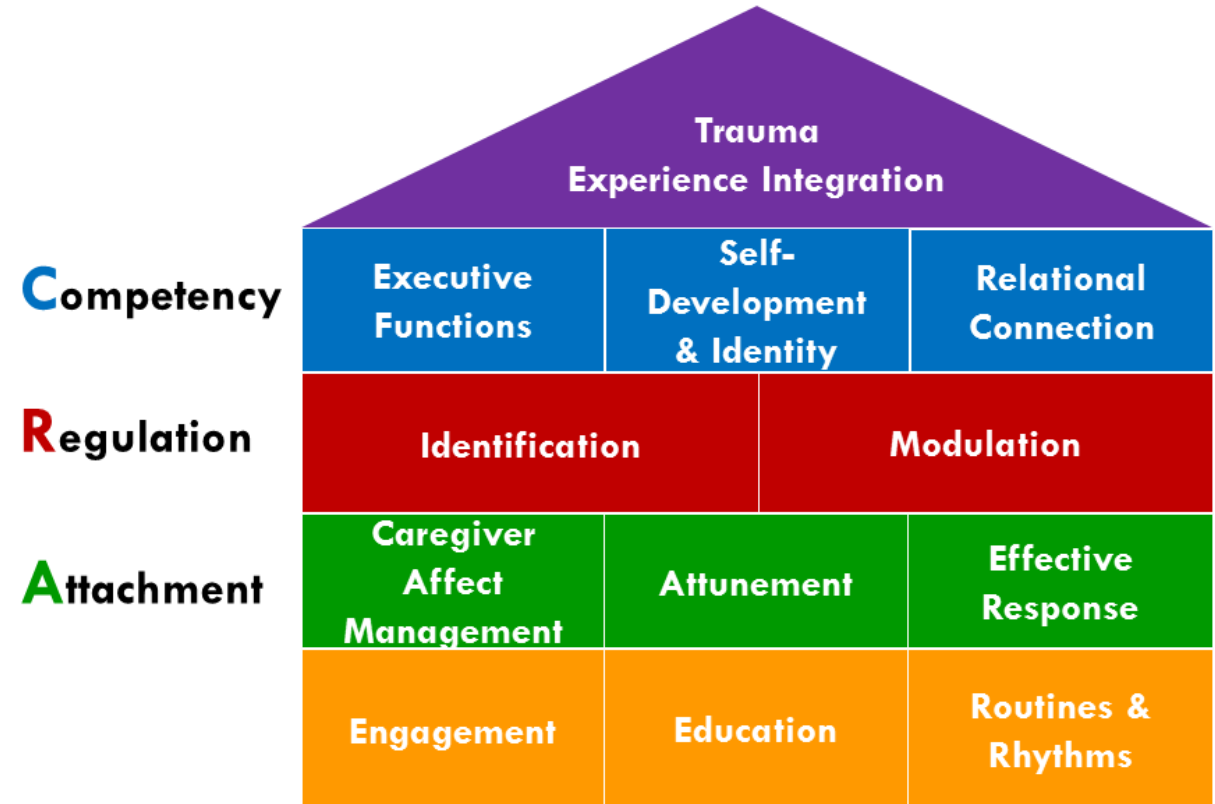
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School	Student-Lead Initiative
Hampton High School	Mental Health Mondays
Kennebecasis Valley High School	Promotion of One at a Time Therapy through the Child & Youth Team
Saint John High School	Gratitude Board and Announcements
St Malachy's Memorial High School	Focus on Affirmation and Mindfulness with Grade 9
St Stephen High School	Wellness Wednesdays

# Ends Policy 3: The ARC Framework

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## ARC Framework

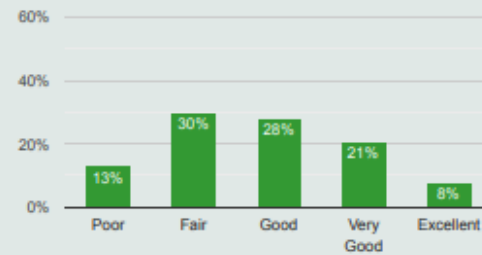




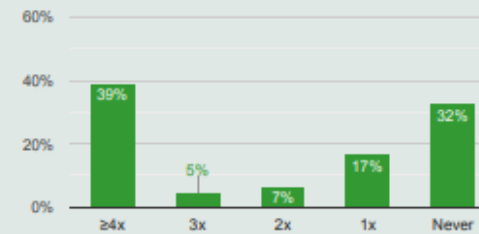
# Ends Policy 3: Additional Initiatives

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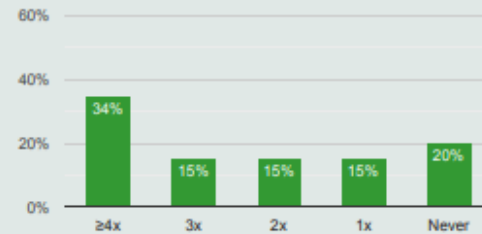
**In general, would you say your mental health is:**



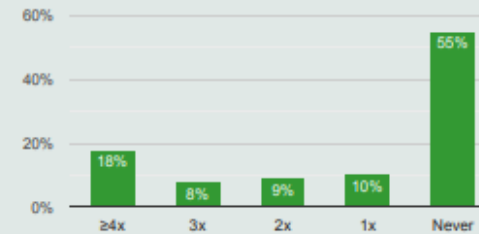
**How often did you feel like you needed to talk to someone about your emotional or mental health in the last year?**



**How often have you had anxious feelings in the past two weeks?**



**How often have you felt depressed in the past two weeks?**



# Professional Learning for Responsive Mental Health Services

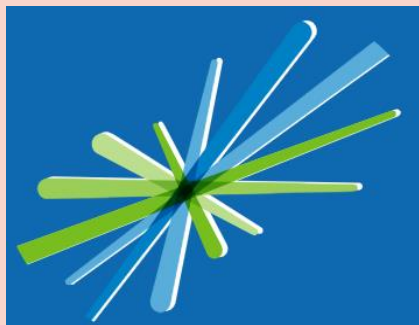
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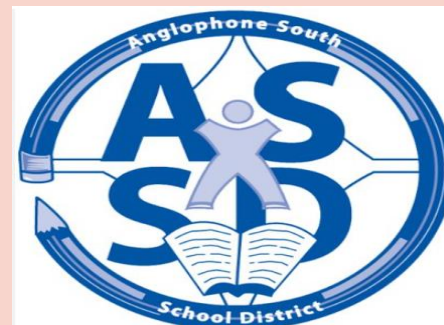
Violent Threat  
Risk  
Assessment



Applied  
Suicide  
Intervention  
Skills Training



Mental Health  
First Aid



Professional  
Learning for  
School  
Counsellors



Questions?

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